



## Perennials for Rockland

Perennials are plants with roots that live in the soil year after year even though the stems of most die back each winter. Most perennials bloom for a three or four week period, leaving their foliage to create interest throughout the rest of the growing season. Longer blooming perennials do exist, and can be added to the garden to extend the show of color. Since perennials grow in the same location for many years, it is important to consider their soil and light requirements when selecting them for a particular site. Some perennials require more maintenance than others, such as frequent dividing or staking. Other perennials are less demanding and require little maintenance. Perennials are beautiful on their own, but will also combine nicely with shrubs and annuals. The following lists name perennials that are especially suited for a variety of growing situations and uses.

### Perennials with Longer Bloom-Times

<b>Botanical Name*</b>	<b>Common Name</b>	<b>Height</b>	<b>Color</b>	<b>Bloom Time</b>
<i>Achillea</i> spp.	Yarrow	24-30"	Yellow, Pink, Red, Orange	July-Aug.
<i>Aster-frikartii</i> 'Monch'	Aster	24-36"	Lavender	July-Oct.
<i>Coreopsis verticillata</i>	Tickseed	12-36"	Yellow	June-Sept.
<i>Corydalis lutea</i>	Corydalis	12-15"	Yellow	May-Sept.
<i>Dicentra eximea</i>	Fringed Bleeding Heart	18-24"	Pink-White	May-Sept.
<i>Gaillardia x grandiflora</i>	Blanket Flower	12-36"	Red Yellow	June-Aug.
<i>Gaura lindheimerii</i>	White Gaura	36-48"	White	June-Sept.
<i>Hemerocallis</i> 'Stella d'Oro'	Daylily	12-18"	Golden-Yellow	June-Sept.
<i>Nepeta mussinii</i>	Catmint	12-18"	Lavender-Blue	June-Aug.
<i>Perovskia atriplicifolia</i>	Russian Sage	36-60"	Blue	July-Sept.
<i>Phlox paniculata</i>	Garden Phlox	24-48"	Pink, Blue, White, Red, Orange	July-Sept.
<i>Platycodon grandiflorus</i>	Balloon Flower	18-30"	Blue, White	June-Aug.
<i>Scabiosa caucasica</i>	Pincushion Flower	18-30"	Blue, Pink, White	June-Oct.
<i>Sedum spectabile</i> 'Autumn Joy'	Stonecrop	18-24"	Pink	Aug.-Oct.
<i>Stokesia laevis</i>	Stokes' Aster	12-24"	White, Blue, Pink, Yellow	July-Sept.

### Perennials for Lower Maintenance

<b>Botanical Name*</b>	<b>Common Name</b>	<b>Height</b>	<b>Color</b>	<b>Bloom Time</b>
<i>Alchemilla mollis</i>	Lady's Mantle	12-18"	Yellow	June-July
<i>Amsonia tabernaemontana</i>	Blue Stars	24-36"	Light Blue	June
<i>Aruncus dioicus</i>	Goatsbeard	36-60"	White	June-July
<i>Baptisia australis</i>	False Indigo	36-48"	Blue	May-June
<i>Brunnera macrophylla</i>	Siberian Bugloss	12-18"	Blue	April-June
<i>Chelone</i> spp.	Turtlehead	24-48"	White, Pink, Purple.	Aug.-Oct.
<i>Cimicifuga</i> spp.	Bugbane	24-60"	White	Aug.-Oct.

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## Perennials for Lower Maintenance, cont.

<b>Botanical Name*</b>	<b>Common Name</b>	<b>Height</b>	<b>Color</b>	<b>Bloom Time</b>
<i>Echinops humilis</i> 'Taplow Blue'	Globe Thistle	36-48"	Blue	June-Sept.
<i>Epimedium</i> spp.	Barrenwort	8-18"	White, Pink, Yellow	April-May
<i>Euphorbia polychroma</i>	Spurge	18"	Yellow	April-May
<i>Gaura lindheimeri</i>	Gaura	36-48"	White, Pink	June-Sept.
<i>Hemerocallis</i> spp. & cvs.	Daylily	18-48"	Orange, Yellow, Red, Pink	June-Sept.
<i>Hosta</i> spp. & cvs.	Plantain Lily	12-24"	Lavender, White	July
<i>Liriope muscari</i>	Lily Turf	18-24"	Purple, White	July-Aug.
<i>Rudbeckia fulgida</i> 'Goldsturm'	Black-Eyed Susan	24-36"	Yellow	July-Oct.
<i>Sedum</i> spp.	Stonecrop	6-24"	Yellow, Pink, Red, White	July-Sept.

## Perennials for Sunny, Dry Locations

<b>Botanical Name*</b>	<b>Common Name</b>	<b>Height</b>	<b>Color</b>	<b>Bloom Time</b>
<i>Achillea</i> spp.	Yarrow	18-36"	White, Red, Yellow, Pink	July-Aug.
<i>Anthemis tinctoria</i>	Golden Marguerite	18-36"	Yellow	June-Aug.
<i>Asclepias tuberosa</i>	Butterfly Weed	12-30"	Red, Yellow, Orange	July
<i>Aurinia saxatilis</i>	Basket of Gold	12-24"	Yellow	April-May
<i>Coreopsis verticillata</i>	Thread leaf Coreopsis	12-36"	Yellow	July-Aug.
<i>Echinacea purpurea</i>	Coneflower	36-48"	Purple, White	July-Aug.
<i>Echinops ritro</i>	Globe Thistle	24-36"	Blue	July-Aug.
<i>Gaillardia x grandiflora</i>	Blanket Flower	12-36"	Red, Yellow	June-Aug.
<i>Gypsophila paniculata</i>	Baby's Breath	18-36"	White	June-July
<i>Hemerocallis</i> spp.	Daylily	12-48"	Orange, Yellow Red, Pink	June-Sept.
<i>Lavendula angustifolia</i>	English Lavender	12-18"	Purple, White	July
<i>Liatriis spicata</i>	Blazing Star	24-60"	Purple	July-Aug.
<i>Santolina chamaecyparissus</i>	Lavender Cotton	12-24"	Yellow	July-Aug.
<i>Sedum</i> spp.	Stonecrop	6-18"	Yellow, Pink, Red, White	June-Sept.
<i>Yucca filamentosa</i>	Adam's Needle	48-72"	White	July

## Perennials for Semi-shaded Locations

<b>Botanical Name*</b>	<b>Common Name</b>	<b>Height</b>	<b>Color</b>	<b>Bloom Time</b>
<i>Alchemilla mollis</i>	Lady's Mantle	12-24"	Yellow	June-July
<i>Anemone japonica</i>	Japanese Anemone	30-48"	Pink, Red, White	Aug.-Sept.
<i>Aruncus dioicus</i>	Goatsbeard	36-60"	White	June-July
<i>Astilbe</i> spp.	Astilbe	18-36"	Pink, Red, White	June-Aug.
<i>Bergenia cordifolia</i>	Bergenia	18-24"	White, Pink	April-May
<i>Cimicifuga</i> spp.	Bugbane	24-60"	White	Aug.-Oct.
<i>Dicentra eximia</i>	Fringed Bleeding Heart	18-24"	Pink, White	May-Sept.
<i>Doronicum</i> spp.	Leopard's Bane	12-24"	Yellow	April-May
<i>Epimedium</i> spp.	Barrenwort	12-18"	Yellow, Red, White	May
<i>Helleborus</i> spp.	Christmas or Lenten Rose	12-18"	Green, White, Pink Maroon	Dec.-Mar.
<i>Hosta</i> spp.	Plantain Lily	6-30"	White, Lavender	July-Aug.
<i>Kirengeshoma palmata</i>	Yellow Waxbells	36-48"	Yellow	Aug.-Sept.
<i>Liriope muscari</i>	Lilyturf	18-24"	Purple, White	July-Aug.
<i>Primula</i> spp.	Primrose	6-30"	Yellow, Pink, Red, Lilac	April-June
<i>Pulmonaria saccharata</i>	Lungwort	12-18"	Blue, Pink, White	April-May
<i>Tiarella Cordifolia</i>	Foam Flower	12-15"	White	May-June
<i>Trollius europaeus</i>	Globe Flower	12-30"	Yellow	May-June

## Perennials that Prefer or Tolerate Moist Soils

<u>Botanical Name*</u>	<u>Common Name</u>	<u>Height</u>	<u>Color</u>	<u>Bloom Time</u>
<i>Amsonia tabernaemontana</i>	Blue Star	24-36"	Blue	June
<i>Aruncus dioicus</i>	Goatsbeard	36-60"	White	June-July
<i>Astilbe</i> spp.	Astilbe	10-40"	White, Pink, Red	June-Aug.
<i>Astrantia major</i>	Masterwort	24-36"	White	June-Aug.
<i>Bergenia cordifolia</i>	Bergenia	12-18"	White, Pink	April-June
<i>Brunnera macrophylla</i>	Bugloss	12-18"	Blue	April-June
<i>Chelone lyonii</i>	Turtlehead	24-48"	Pink	Aug.-Oct.
<i>Cimicifuga racemosa</i>	Bugbane	36-60"	White	Aug.-Sept.
<i>Epimedium</i> spp.	Barrenwort	8-18"	White, Pink, Yellow	April-May
<i>Filipendula</i> spp	Meadowsweet	18-72"	Pink, White	June-July
<i>Hibiscus moscheutos</i>	Rose Mallow	36-48"	Pink, Red, White	July-Sept.
<i>Hosta</i> spp. & cvs.	Plantain Lily	12-24"	Lavender, White	July
<i>Iris sibirica</i>	Siberian Iris	24-40"	White, Blue, Violet	May-June
<i>Lobelia cardinalis</i>	Cardinal Flower	24-36"	Red	Aug.-Oct.
<i>Mertensia virginica</i>	Virginia Bluebells	12-24"	Blue	May-June
<i>Monarda didyma</i>	Bee Balm	24-30"	Red, Pink, White, Blue	June-Aug.
<i>Myosotis scorpiodes</i>	True Forget-me-not	8-14"	Blue	May-Sept.
<i>Physostegia virginiana</i>	False Dragonhead	24-36"	Pink, White, Lavender	July- Sept.
<i>Trollius europaeus</i>	Globe Flower	12-30"	Yellow	May-June

\*spp. refers to species; cvs. refers to cultivars.

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